

## Lip Blush Aftercare Instructions

**FIRST WEEK:** Keep out of the sun for 7 days after you get your new Lip Blush procedure.

Use Healing Balm or Aquaphor to keep the tattoo protected while it heals and to soothe any discomfort such as itching or dryness. Avoid applying lipstick, or other lip products during this time. Keep the tattoo dried for the first 4 hours after procedure, then apply the Healing Balm or Aquaphor every 30-60 minutes for the first week to keep lips from drying out.

AVOID eating hot, spicy food. Drink all beverages with a straw during healing stage.

AVOID touching any tattooed area with your hands. Apply all recommended products with Q-tips ONLY. If the area must be touched with hands, make sure you thoroughly wash your hands before and after.

Day 3-4: When the scab starts to appear, do not wipe- only dab until dry; you must be gentle! Do not pull off the scabs prematurely.

Week 2 or 3: After the procedure is completely healed, you may go back to your regular cleansing and makeup routine. Avoid scrubbing the area. Use sun block to protect from sun fading.

### **DO NOT:**

Scrub, rub, or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready, the pigment underneath it can be pulled out.

Use any makeup on the tattooed area for at least 7 days.

Use any Retin-A, Glycol Acids, or Neosporin in the tattooed area during or after healing.

Expose area to sun or tanning beds.

Swim in a pool for 14 days after your procedure.

### **WHAT IS NORMAL?**

Mild swelling, itching, light scabbing, light brushing and dry tightness. Aftercare ointments work well for scabbing and tightness.

Too dark and slightly uneven appearance. After 2-7 days the darkness will fade, and once any swelling dissipates, unevenness usually disappears. Adjustments will be made during the touch-up appointment.

Colour change or colour loss. As the procedure area heals, the colour will lighten and sometimes seem to disappear in places. This can be addressed during the touch up appointment, which is why touch up appointments are necessary. The procedure area has to heal completely before we can address any concerns. Healing takes about 4 weeks.

A touch up may be needed 6 months to 1 year after the first touch up procedure depending on your skin, medications, and sun exposure. We recommend the first touch up 2 months after the first session, then every 6 months to 1 year to keep your tattoos looking fresh and beautiful. An email photo may be necessary to determine if you need a touch up or a repeat of the entire procedure.

**IMPORTANT NOTE:**

If the skin around the tattooed area breaks into a heat rash, or small pimples, this is usually a reaction to the numbing solution and should go away on its own in a couple of weeks. Please do not pick at it! Call immediately if this occurs so we can make a note of the reaction and follow up to ensure this is not a more serious situation!

**THANK YOU!!**

